

Triple P – Positive Parenting Program



Dear Parents,

The Yellowknife Health and Social Services Authority is now offering a program that may be of interest to you. Group Triple P (Positive Parenting Program) is designed for parents or caregivers of children ages 0-12. This program will offer you simple and practical strategies to help you confidently manage your child's behaviour, prevent problems from developing in the future, and help you to build strong and healthy relationships with your children.

The program will run every Tuesday starting September 22, 2015 until November 10, 2015. The first four weeks of sessions will be held in 2nd Floor Jan Stirling Boardroom, and will run from 1:00 to 3:00pm.

The following three weeks (October 20, October 27 and November 3) will be dedicated to a phone call follow-up with the group facilitators where individual support will be provided to you and your family and to discuss how best to implement the strategies you have learned.

The final session will be on Tuesday November 10, 2015 and will be held in the 2nd Floor Jan Stirling Boardroom from 1:00 to 3:00pm.

The registration deadline is Friday September 18, 2015. You can register by contacting Laura McLeod at 873-7131. To be eligible for registration you must be able to commit to all 8 weeks of the workshop, special circumstances excluded.

Please note that if transportation or childcare will be a barrier for you to attend this workshop, please contact Laura to inquire about ways that we can assist with this.

Please feel free to contact us should you have any questions or to request more information.

Sincerely,

Rochelle Horvat
Group Triple P Facilitator
Family Preservation Worker, B.A, B.S.W, R.S.W
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